



## **Our time is precious – spend it wisely**



Commentary by Col. Tonia Dawson

**60TH MEDICAL OPERATIONS** SQUADRON

any of my friends, co-

I am crazy and even ques-

tion my intelligence when I

talk about doing a marathon.

I have learned that preparing

for a marathon's 26.2 miles is very

similar to my personal life. As I

pondered my marathon training,

I realized that in order to accom-

plish life demands and marathon

training I need three elements:

Training, fueling and recovery.

have three elements; interval,

tempo and distance workouts.

This is very similar to how we in-

Most marathon training plans

workers and, ves.

even my family think

ome of us are task-focused S and consult as many time management methods as possible to maximize, optimize and organize our time.

Then there are those of us who are much more relaxed in our approach to time. We go with the flow and have a less restrictive, more impulsive and spontaneous approach to managing our day.

Time is a precious and priceless commodity. Each of us have an equal share of minutes spread across the day. Once a moment is lost, it can never be recovered. It will forever remain a part of history. It's a good thing time can't be manipulated by

#### **Commander's** Commentary

our wishes to stop, rewind or fast forward. I imagine that at any given time, millions would command time to stand still to prolong a joyous experience. Millions of others would like to rewind the hands of time to do something differently or interject something they missed. Yet others still would command time to fast forward to relieve an unpleasant or traumatic event.

There are techniques to help us manage time better, prioritize how we spend our time and optimize

interspersed with rest or relief

periods. This is how runners get

Marathon preparation has parallels to daily life

time spent with our loved ones. At the end of each day, 1,440 precious minutes have passed. In order to make the most of our time, we need to establish rhythm, priorities and balance.

Rhythm helps us stick to the plan, to avoid distractions that end up wasting time. We need to prioritize what is important and recognize what areas of our lives need the most time investment. This is a moving target, as life continues to happen. We need to be balanced in all activities, avoiding the possibility of letting anything take us away from higher priorities.

I've had multiple opportunities to

talk with people in the final stages of their lives. Looking through the lens of limited time, most at this point are focused and truly understand that time is precious. Many have realized their priorities were out of order and that balance was elusive. They also acknowledged that their lives were not perfect and sometimes they fell short of the plans they made. All had some "glad I dids and wish I hads." We are all allotted a limited amount of time. It is important to spend it wisely, establish a rhythm, set priorities and strike a balance. At the end of your days, ensure that you have more "glad I dids" than "wish I hads."

#### 2nd Lt. Sarah Johnson

Air Force Base, California.

through strategic airlift.

since their activation in 1942.

ter to anniversary attendees.

what international events our



Travis AFB. Calif.

teract in life. Interval training is a type of

physical training that involves a series of

low to high-intensity exercise workouts

#### 60th Air Mobility Wing

Air Force Col. John Klein 60th Air Mobility Wing commander

2nd Lt. Sarah Johnson Chief of command information

#### **Daily Republic** Nick DeCicco

Tailwind editor

Todd R. Hansen Copy editor

strength and speed. In life, stressors come quick and then we get a pause. The more we deal with stress, the stronger our ability to adapt to and deal with it, and the better our ability to use our past experiences to hopefully speed through it. Tempo, or thresh-**Commentary by** old training, is comfortably hard Chief Master training and is designed to im-Sgt. Donald prove a crucial physiological vari-"Brent" Cook able for running success. This is 60TH MEDICAL the amount of calories our bodies OPERATIONS

burn to just stay alive. SOUADRON Threshold days are a common theme I hear from our force. By understanding the effort to sustain these calories or units of energy, is important

**Chief's Commentary** 

comfortably difficult situations and thrive. Distance training is the grind – a slow and steady pace for miles and hours. This is important to help the body adapt to the endurance requirements of 26.2 miles. The patience and mental attentiveness required to run for miles is demanding. I have learned in life patience and mental strength is a must whether it is dealing with a long shift, deployment or career.

Fueling the body is extremely important in a marathon and in life. According to Matt Dixon, founder of PurplePatch Fitness, "Nutrition, simply put, you need to be sure that you provide your body with the nutrients and calories to support your training effort." The better you eat, the better your training outcome: Apple or

#### donuts?

As I dove further, I remembered what a pivotal chief in my life told me: "Reading one hour per day in your chosen field will make you an expert in seven years." Fueling the body is more than the food you eat. Go and seek knowledge and fuel your brain. Feed your brain with quality. Reading comics may be fun and tasty like a donut, but reading a biography or a book on history or leadership will fuel your brain like an apple.

Recovery is the most neglected and important element in the training and life cycle. Sleep and recuperation are required for the body to positively respond to that much-needed training/life load and help adapt to become fitter and more powerful. Recovery also includes

See COOK Page 22

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#### On the cover

Service and family members from Travis Air Force Base. Calif., participate April 1 in the "Let Your Colors Run" to kickoff Sexual Assault Awareness and **Prevention Month.** 

U.S. Air Force photo/Louis Briscese

in knowing how long you can sustain in Tailwind

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#### TRAVIS

## **BEEliners, Mulies celebrate 75 years**

#### 60TH AIR MOBILITY WING PUBLIC AFFAIRS

The 21st and 22nd Airlift Squadrons honored 75 years of global mobility with a combined anniversary celebration March 30 to April 1 at Travis

Members of the 21st AS, known as BEEliners, operate Travis's fleet of C-17 Globemaster III aircraft. Mulies. or members of the 22nd AS, operate the C-5M Super Galaxy platform. While the aircraft and corresponding squadrons have unique capabilities and responsibilities, both operate to advance the Travis mission of rapidly projecting American power, anytime and anywhere,

Both squadrons also have remained through several aircraft and location changes

"Those of us who currently serve in the 21st and 22nd take great pride in our heritage," wrote Lt. Col. Robert Lankford, 21st AS commander, and Lt. Col. Corv Damon, 22nd AS commander, in a welcome let-

"Not many squadrons can trace their origins directly to the Army Air Corps in Australia during World War II. Even fewer have survived so many moves, taken part in over 30 global operations or flown an incredible array of 17 different airframes. If you're wondering







heritage at the forefront.

Glasses were raised, cheers were heard and time-old customs were honored throughout each meal. Current members led their fellow Airmen and squadron alumni in roll calls. announcements of awards and promotions and remarks from squadron leadership. Several members also were inducted into each squadron's honorary members program, known in the 21st as the Legion of the BEE and in the 22nd as the Ring of Honor.

"Being at the 75th (anniversary) and hearing from all the people that are coming back and saying this is the best squadron they've ever been in... makes me feel very lucky to be here," said 1st Lt. Nichole Evans, 21st AS. "It's awesome. The people are great."

For her and many others, the squadron represents family.

"When I got here (to the 21st AS), I wasn't expecting it to be so much of a family" said Evans. "Everyone was very welcoming, everybody wants to know who vou are, they want to know about your family, they want to know how you're do-

The Mulies shared a similar sentiment

"I'm very proud to be part members and their experiences with the squadron and the aircraft makes me appreciate it

See 75 YEARS Page 13



The 21st (22nd) Airlift squadron celebrated its 75th anniversary April 3 at Travis Air Force Base, Calif.

Name:

Unit:

Duty title:

Hometown:

Derby, Kansas.

Airman 1st Class

Alexa Ammerman

60th Security Forces Squadron.

Security forces journeyman.

pacted over the past 75 years, by operations briefings, squadit's not much of an exaggeration ron and flightline tours and a (and) all the former members of the squadron," said Hafkto say you need look no further chance to practice in flight simthan the headlines of any newspaper," the letter said.

off the weekend with a Hafker, 22nd AS and one of the

squadrons have directly im- barbecue March 30, followed event organizers. "It's great to ulators March 31.

"I'm really honored to be The two squadrons kicked here for it," said 1st Lt. Billy

see everything running well, coming back and seeing the er. "Hearing stories from past history we have here."

Friday evening, each squadron hosted dinner in its respective hangar with tradition and



Time in service: Eight months.

> Family: Spouse. Karlee Ammerman: sister, Shelby Ammerman.

#### What are your goals?

I would like to make senior airman below the zone and chief master sergeant, following in my grandpa and great-grandpa's footsteps.

What are your hobbies?

Spending time with family, softball, working out, thrill seeking and adventures, riding my motorcycle.

#### What is your greatest achievement?

Overcoming losing everything due to a knee injury in college, joining the Air Force and graduating Tech school with the Distinguished Graduate Award.

April is Sexual Assault Awareness Prevention Month. The Sexual Assault Preven- teer victim advocates, military tion and Response office at Travis Air Force Base, California, along with volunteer victim advocates, will be involved in sev- one plays a part in the SAPR eral community events over the program: Protecting our people course of the month. Events in- protects our mission. clude the Color Run, Family Fun Fest and information and awareness booths at the dining facili- written by a victim of sexual asty, commissary, base exchange, sault at Travis. She wrote the hospital and fitness center. The poem to her offender, hoping to SAPR office will also publish give him and other readers a weekly content in the Tailwind. glimpse of how she felt.

For his amusement – Anonymous

For his amusement. By humiliation, I thought this was the wav.

But they don't see. They are looking inward. No emotion, nor expression. Refuse to exist!



## C-5M flight engineer creates works of art

Staff Sgt. Nicole Leidholm 60TH AIR MOBILITY WING PUBLIC AFFAIRS

**4 TAILWIND** 

"It's a very challenging job," said Tech Sgt. Timothy McCarthy, 22nd Airlift Squadron C-5M Super Galaxy flight engineer. "From standard operating procedures to dealing with in-flight emergencies, it is never a dull moment. That's why I like being a flight engineer."

As a flight engineer, McCarthy conducts pre-flight inspections of the C-5M, as well as operates and monitors the engine and aircraft system controls in-flight.

"I take pride in operating the largest U.S. Air Force aircraft, enabling the delivery of much needed equipment and people worldwide," said McCarthy.

When McCarthy isn't in charge of ensuring the C-5M is flying smoothly, he creates works of art.

"He does it selflessly on his own time, on top of his primary duty as a trusted C-5M Flight engineer," said Lt. Col. Corv Damon, 22nd AS commander. "Tim McCarthy's artwork provides tremendous inspiration to our squadron."

McCarthy has done everything from going away presents to patches and even updated paintings in the squadron's heritage room.

"I like doing it," said McCarthy. "I like the reactions I get from people."

The Eugene, Oregon, native began drawing as a kid but stopped for about 10 years before picking up a pencil and began doodle.



U.S. Air Force photo/Staff Sgt. Nicole Leidholr

Tech Sgt. Timothy McCarthy, 22nd Airlift Squadron, adds details March 3 to a drawing he plans to give at a retirement during some down time on a recent mission to Japan. McCarthy is a self-taught artist who has done drawings and painting throughout the squadron as well as going-away presents when he's not doing flight engineer duties.

said McCarthy. "After that, I just started drawing again."

The self-taught artist wasn't always a flight engineer, however. Mc-Carthy spent the first six years of his career as a weapons loader. He decided to cross train into the flight engineer career field after the operations tempo increased.

and asked me to draw a new patch," role in the Air Force and get closer to the 22nd Airlift Squadron." what's going on in the Middle East." said McCarthy.

McCarthy created an anniversary patch for the 22nd AS and is currently working on a lithograph.

"Everything that our squadron is today has been because those that came before us," said McCarthy, "It has been an honor to create some-"I cross trained to the engineer thing that both shares our heritage "The commander saw me drawing career field to gain a more active and celebrates the past 75 years of ron family."

This April marks the 75th anniversary of the 22nd AS.

"Tim conveys a deep respect for our Air Force heritage and traditions," said Damon. "His amazing artwork transforms our history and values into a celebration of our Airmen of vesterday, today and tomorrow. We are very proud to have him as a member of the 22d Airlift Squad-

## **Photo contest, tours part of Earth Day festivities**

#### Merrie Schilter-Lowe 60TH AIR MOBILITY WING PUBLIC AFFAIRS

The Earth Day Network is asking communities to hold teach-ins or other projects focused on environmental and climate literacy for Earth Day, April 22.

Activities at Travis Air Force Base, California, leading up to Earth Day will do just that, according to Jonathan Carlson, 60th Civil Engineer Squadron environmental management system coordinator.

nature tours and a watershed model demonstration.

"In honor of the 47th anniversary of Earth Day, we're inviting people to participate in the inaugural Earth Day photo contest," said Carlson. "We are looking for photographs in three categories: flora, which includes plants, trees, flowers and landscapes; fauna, which includes wildlife, insects, rodents, reptiles and birds; and people enjoying nature," he said.

All photos must be taken on base and there will be one winner in each category. ing vote. Activities include a photo contest, two Anyone with base access can participate

in the contest, said Carlson. Photos must be submitted by midnight April 12.

Photographers who harm an animal will be disqualified from the contest. They also will be disgualified for trespassing in restricted areas or wetland ar- tal. eas inhabited by several threatened and endangered species, said Carlson.

The public will vote for the winning entries on the environmental Facebook page April 13 to April 20. In case of a tie. a team of volunteers will cast the decid-

"Winners will receive their photos

back in a nice frame," said Carlson.

Details about the contest and other activities are available on the Travis environmental Facebook page at: https:// www.facebook.com/TravisEnvironmen-

An environmental watershed demonstration at the teen center is scheduled for April 12 at 3:30 p.m. The hands-on demonstration will teach teens how housekeeping habits can affect natural waterways. Although the event is designed for teens, anyone can attend, said Carlson.

#### TRAVIS

#### Month aims to curb violence

#### **Sexual Assault Response Coordinator**

- A young woman, ripe for exploitation. How? There's a very little girl, looking
- For acceptance or love?
- Will I ever open up? To expose what's Stored inside? All that is the Wrapper is self-preservation. "The eyes are the windows of the soul." Be as invisible as possible...
- Will I ever grow into an adult-

See AWARENESS Page 22

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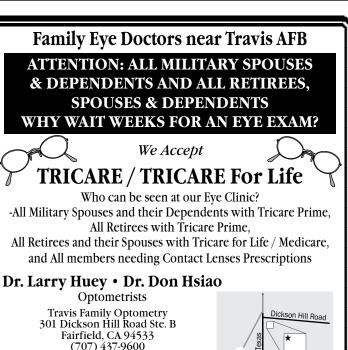
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## 349th takes part in Patriot Delta

Staff Sgt. Daniel Phelps 349TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS

The medical manikins were gently laid out on the ground on litters, wrapped in blankets and bandages to protect their injuries. Airmen shifted restlessly, inspecting bandages and triple-checking charts to ensure they were correct. The ambulance bus was backed up, the door open, awaiting a simple phone call.

Finally, the phone rang. Like a perfectly primed engine, the Airmen from the 60th Inpatient Squadron kicked into gear. The patients were efficiently loaded onto the bus and taken to the flightline at Travis Air Force Base, California, where a C-130 Hercules from Pittsburgh Air Reserve Station, Pennsylvania, sat with running engines, ready to take the injured to their simulated final destination.

700 events played out during at Scott AFB, Illinois; and the Patriot Delta, an Air Force Reserve Command centered ex- Travis AFB. ercise designed for aeromed-



Capt. Erik Spiess, left, 349th Aeromedical Evacuations Squadron flight nurse, and Master Sgt. Rard Perkins, center, 911th Operations Group aircrew trainer, hand off a patient March 24 to members of the 60th Inpatient Squadron to secure on an ambulance bus for delivery to David Grant U.S. Air Force Medical Center at Travis Air Force Base, Calif.

This was one of more than abam; the 932nd Airlift Wing 349th Air Mobility Wing at

"Since all of our units ical evacuation squadrons to are scheduled for deployment train with those who are in the around the same time, Patrisame deployment bucket. The ot Delta provided the opportukey participants were from nity for us to meet people we

Rose, 349th Aeromedical Evacuation Squadron operations flight commander and planner

**Exchange to host Play-Doh event** 

unique Play-Doh Kitchen Cre-

"The Exchange is happy

up some inspiring Play-Doh

#### Army & Air Force Exchange Service

The Army & Air Force Exchange Service is inviting children ages 2 and older to flex Area. their creative muscles during a Play-Doh Kitchen Creations to give junior chefs at Travis event April 8 at the Travis AFB AFB the opportunity to whip Exchange.

From 10 a.m. to 2 p.m., creations," said Store Manager



participating children will be Paul Bradford. "We'll provide provided with materials and the Play-Doh-all the kids have instructions to craft their own to bring is their imaginations."

The Play-Doh Kitchen Creations in the Main Store Tov ations event is part of the Exchange's celebration of Month of the Military Child. Throughout the month of April, the Exchange will recognize the commitment and loyalty of military children with in-store events, a social media campaign and exclusive sweepstakes. For more information, visit facebook. com/shopmyexchange and shopmyexchange.com/sweepstakes.

The Army & Air Force Exchange Service goes where Soldiers, Airmen and their families go to improve the quality of their lives through goods and services provided.

For more information, contact the Travis AFB Exchange at 707-437-4633.

U.S. Air Force photo/Staff Sgt. Daniel Phe

April 7, 2017

the 911th Airlift Wing at Pitts- would work with and train on burgh ARS, the 908th AW at airframes we don't have at our Maxwell Air Force Base, Al- home stations," said Maj. Kelly for Patriot Delta. Though most of those par-

ticipating in Patriot Delta were Reservists, there was a team See PATRIOT DELTA Page 24

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#### Nick DeCicco 60TH AIR MOBILITY WING PUBLIC AFFAIRS

of sergeants retired.





**Innovation leads to international recognition** 

#### Tech. Sgt. James Hodgman 60TH AIR MOBILITY WING PUBLIC AFFAIRS

business. Every day thousands of flights take off and land all across the United States. Dedicated professionals known as air traffic controllers are responsible for monitoring every flight and coordinating with aircrews and people on the ground.

In 2016, about 134,000 air-

ing from San Francisco and Sac-Air traffic control is serious traffic controllers assigned to the 60th Operations Support Squadron at Travis Air Force Base, California. That's an average of 367 aircraft daily for the busiest air traffic control complex in Air Mobility Command for two out of the past three years.

These professionals use sophisticated radar technology to craft, including military planes track aircraft that enter Travis

and commercial airliners travel- air space. Sometimes the radar can pick up something known as ramento, were monitored by air a "false target" which shows up on radar like it's an aircraft, but it may not be.

> "When a target, false or real, is observed by a controller and appears to intersect the flight path of an aircraft with radar service, a traffic call is issued," said Master Sgt. Brian Bertolucci, 60th OSS airfield automation manager NCO in charge.

This traffic call requires pilots to scan the areas they're flying in for other aircraft that may or may not be in their flight paths.

This tends to distract aircrews from their primary missions, which is to get to wherever that aircraft is going, said Bertolucci.

Approximately four miles southeast of Travis there is a wind farm with nearly 600 windmills that can interfere with Travis radar, leading to several false targets on a daily basis.

In January 2015, as part of a Cooperative Research and Development Agreement, Travis partnered with C-Speed, a product development and engineering services company, to install and test the capabilities of a gapfiller, Light-Wave Radar System, which is capable of distinguishing between wind turbines and wide Air Traffic Management



U.S. Air Force photo/Tech. Sgt. James Hodgman Airman Benjamin Cobb, 60th Operations Support Squadron, monitors air traffic over Travis Air Force Base, Calif., inside the Travis Radar Approach Control facility April 3. Travis air traffic controllers monitor an average of 367 aircraft daily.

aircraft.

An independent review team March. analyzed the data from multiple reports on the system's performance. In October 2016, the team found there was a significant improvement to existing radar surveillance performance. So much improvement that C-Speed, Travis and the Energy Siting Clearinghouse were nominated for the IHS Jane's Airport Review Innovation Award, which was presented at the World-

Congress in Madrid, Spain in

While Travis didn't win the award, the nomination was one of only two from the United States and the only one representing the Department of Defense. Tech. Sgt. Matthew Zimmerman, 60th OSS ground radar sys-

tems NCO in charge, assisted C-Speed, the DoD, Department of Energy and numerous other government agencies with planning, testing and integrating the infill See INNOVATION Page 13

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#### TRAVIS

## Retiring sergeants' careers start, end with 660th AMXS

Air Force experience left the Shannon Smith, a retired senior master sergeant, and

More than four decades of Air Force Base, California.

660th Aircraft Maintenance the mid-1990s, part of a batch verge on the 660th AMXS in a time." short time frame.

master sergeant, both spent the in together ... all the way up to earlier, landing July 26, 1995, at the next four years. In 2002, he majority of their careers with tech, master sergeant and all Travis. the squadron located at Travis that. It was just nice. We hung out together, barbecued togethkids know each other. It was just Squadron in March when a pair of fresh, young Airmen to con-like a big family here for a long years with the 660th AMXS.

Zambori was 21 when he ar-"There was a group of us," rived Sept. 20, 1995, at Tra- ing crew chief, spending hun-Richard Zambori, a retired said Zambori. "We all came vis. Smith came a few months dreds of days on the road during

Smith, who considers Oklahoma home and also spent time They joined the Air Force in er, families know each other, in North Carolina before joining tenders. the Air Force, spent 14 of his 22

> In 1998, Smith made senior airman and became a fly-

joined "A Check," a unit that does periodic inspections on the squadron's fleet of KC-10 Ex-

He made technical sergeant while deployed in support of post-9/11 operations. In the mid-2000s, he did a recruiting tour for four years in See SERGEANTS Page 25







April 7, 2017

## 571st MSAS boosts teamwork in Colombia

Capt. Noelle Deruyter 571ST MOBILITY SUPPORT ADVISORY SQUADRON

BOGOTA, Colombia - The 571st Mobility Support Advisory Squadron, alongside Airmen from five other squadrons, spent three weeks building partner capacity with the Colombian air force in air operation, aeromedical evacuation, propeller balance, zodiac rigging and medical intelligence courses.

The 571st MSAS, located at Travis Air Force Base, California, supports the mission of Air Forces Southern requirements in the U.S. Southern Command area of responsibility with continued engagements throughout Latin America and the Caribbean. The BPC mission is designed to promote regional stability by fostering key relationships and enhance partner nation capabilities through interaction and training.

"This mobile training team epitomizes what the MSAS does and is capable of doing," said Lt. Col. Angel Santiago, 571st MSAS MTT mission commander. "The 571st has been working alongside the Colombian air force since our squad-'crawl-walk-run' philosophy to our meth- the most capable near-peer in the area



Tech. Sgt. Filberto Rodriguez, center, 571st Mobility Support Advisory Squadron air adviser, prepares to translate for an augmentee providing intelligence training to members of the Colombian air force in Colombia.

their capability and interoperability with be proud of what we've achieved togethron's inception in 2012. By employing a U.S. Airmen. The Colombian air force is er thus far." od of instruction, we've improved both of responsibility and air advisers should joint exercise led by air advisers of the

One of the major events included a

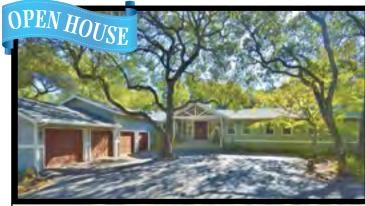
571st MSAS. The joint exercise included personnel from the Colombian air force, the Colombian Army, a Wyoming Air National Guard C-130 Hercules aircraft and a Colombian Army UH-60 Helicopter.

Air advisers and the Wyoming Air National Guard aircrew instructed the Colombian military on safety and operational procedures of an aeromedical evacuation engines-running onload scenario. In the joint event, a Colombian UH-60 arrived on the flightline with mock casualties on board. These casualties were then transported from the helicopter to the USAF C-130 for immediate evacuation.

"We learned a new way of doing things," said Technician 3rd Class Lady Brisset Mendieta Pulido, a medical technician in the Colombian air force. "With this training, all of the motions are coordinated; everyone has a job and understands the part they play. When we all move together it's just like a dance, very smooth "

This exercise involved the coordination of the Colombian Army rotary wing personnel, a joint Colombian air force and Army air search and rescue team, Colombian air force aeromedical evacuation

See COLOMBIA Page 21



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#### TRAVIS

## Travis C-17 part of aeromedical evac at Misawa

#### **Senior Airman Brittany A. Chase** 35TH FIGHTER WING PUBLIC AFFAIRS

MISAWA AIR BASE, Japan — Airmen and Soldiers, along with U.S. and Japanese civilian personnel from six different locations around the world, teamed up to provide the largest aeromedical evacuation ever at Misawa Air Base, for two critical patients March 22,

The Air Force AE system is part of the nation's mobility resources and provides time sensitive, mission critical en route care to patients during transit to medical treatment facilities. Care is provided by Air Force medics specially trained to operate within the global

Two C-17 Globemaster IIIs, one from March Air Force Base and one from Travis AFB, both in California, were requested to transport patients to two separate locations, Tripler Army Medical Center in Honolulu and Brooke Army Medical Center at Fort Sam Houston,

"The care in the air is provided by AE crews who are comprised of flight nurses, aeromedical technicians, and medical attendants trained to perform



U.S. Air Force photo/Senior Airman Brittany A. Chas

Two C-17 Globemaster IIIs sit on the runway prior to an aeromedical evacuation March 22 at Misawa Air Base, Japan. The two aircraft, one from March Air Force Base and the other from Travis AFB, both in California, were requested to transport two critical patients to locations in Hawaii and Texas.

in flight," said Maj. Inna Mikhailova, the 35th Medical Group group practice manager. "Regular AE crews may also be augmented with a critical care air transport team if the patients require more intensive care."

physician, a critical care nurse and a cardiopulmonary technician.

"We worked together with the Theater Patient Movement Requirements Center-West to conduct a telephone consult with our attending physician, chief The team is the highest echelon medical officer, flight surgeon and AE routine care and to stabilize patients of care, comprised of a critical care office personnel," said Staff Sgt. Brek

Halgren, the 35th Medical Support Squadron aeromedical evacuation NCO in charge. "After conferring over the details and criticality of the case, it was determined this patient would require a few specialized teams."

Due to one of the patient's life threatening conditions, a critical care air transport team was required, calling upon multiple forces joining together to provide care.

"Normal missions fly with three to five medical personnel," said Halgren. "We brought in a CCAT team from Kadena Air Base, Japan, an Extracorporeal Membrane Oxygenation team from Brooke Army Medical Center at Fort Sam Houston, Texas, and a few other specialists to assist the patient in critical condition."

Halgren said due to the life threatening condition of one of the patients, offsite medical attention was needed at a host-nation hospital an hour away.

"This required careful coordination with the host-nation hospital staff. Our local medical group liaison, Mrs. Naoko Takahashi, was instrumental in working with the facility to set up this transfer," he said.

When an emergency occurs, See MISAWA Page 21

## Dentistry with a Gentle Touch .... Sunni G. Yoon, D.D.S.

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important role," Medina said.

"I'm glad that she got to see an-

ing alongside her father was

one of the coolest things she's

done throughout her Air Force

vorite moment from the Guate-

malan mission because I was

able to be a part of something

so amazing," Giannina said. "I

taught a whole new curricu-

lum to an entire different coun-

try with a different mission in

a different language and to top

it all off, my father was right by

veloping a new checklist for re-

connaissance operations which

enabled her to get a hard-to-

come-by patch from the Gua-

temalan air force students and

malan air force was an experi-

ence that I will never forget," Giannina said. "I was able to

see the military from a com-

pletely different point of view.

The students that I had the op-

portunity to teach were very

eager to learn and open to talk

about our different experiences

not only in life, but in our work

same students, they were able

to have lunch together every

day and talk about their class

and how they interact with

daughter felt about the work

she was doing with the Guate-

malan air force made me ex-

tremely proud of her and hap-

py I steered her in the United

States Air Force direction,"

the 15-manned mobile train-

ing team also conducted air-

craft maintenance, tactics and

procedures, first aid and CPR

training along with a number of

in a community outreach op-

portunity where they delivered

various school supplies to a lo-

The team also was involved

In addition to teaching ISR,

"Hearing how proud my

Though they didn't have the

environment as well."

them.

Medina said.

other courses.

cal orphanage.

"Working with the Guate-

Giannina was pivotal in de-

"It's hard for me to pick a fa-

career.

mv side.'

leadership.

#### Innovation

From Page 8

radar system at Travis. He was sented Travis at the conference.

"It's an amazing feeling to get nominated and recognized for performance and innovation," said Zimmerman. "The nomination showcases Team Travis' flexibility to innovate with the private sector on a worldwide stage. Being able to step out of your comfort zone to solve problems through innovation is a necessary skill."

shares his sentiments.

warding experience," he said.











## Air advising is family affair for father, daughter

Master Sgt. Alejandro Medina, left, 571st Mobility Support Advisory Squadron air advisor, takes a picture with his daughter Senior Airman Giannina. sensor operator at Creech AFB, Nevada, during a training mission at La Aurora Air **Base, Guatemala** U.S. Air Force pho

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#### Master Sgt. Christopher Bates in developing airpower capa-

571ST MOBILITY SUPPORT ADVISORY SQUADRON

Editor's note: Some surnames withheld for security purposes.

#### \*\*\*

Senior Airman Giannina grew up watching her father put the uniform on day in and day out motivated her to follow in his footsteps and become an Airman, but she never imagined she would get the opportunity to serve alongside her hero.

It was all made possible through the 571st Mobility Support Advisory Squadron, who is charged with strengthening partner nation's capabilities. The squadron trains, advises and assists partner nations ing her involved in such an

bilities.

Master Sgt. Alejandro Medina, 571st MSAS air adviser. explained how it all started a year ago, when he noticed the need to bolster the Guatemalan air force's intelligence, surveillance, and reconnaissance platform, so he quickly suggested his daughter, Giannina, a sensor operator at Creech AFB,

During the mission to Guatraining.

"It was exciting hearing her talk about her students, what she helped them with and see-

other side of the Air Force mission and how the MSAS impacts the national strategic plans.' Giannina explained, work-

Nevada.

temala, the father-daughter duo instructed 10 partner nation service members and contributed to more than 50 hours of classroom and hands-on







also one of two people who repre-

Bertolucci joined Zimmerman at the conference and

"It was an incredible and re-During the three-day conference, Zimmerman and Bertolucci met with aviation management experts from all over the globe.

air traffic management industry is and will be moving in the future." said Bertolucci.

Lt. Col. Eric Weber, 60th OSS commander, said the success of the gap-filler radar technology is just one way Travis and his Airmen lead the way with innova-

"When you think of how this can benefit the public, regional and international airports around the globe, we are balancing green energy with a growing national and international airspace system," he said. "We are balancing emerging technology and green energy with emerging requirements and growth with international travel and commerce. It's a win, win."

Weber also said Travis benefits from having an innovative spirit.

"Travis has a culture and climate of innovation," he said. "It's the most innovative environment "They provided a great deal I've been a part of in my 19 years

of insight into how and where the of service. Our Airmen are empowered to solve problems and as a commander it's my responsibility to foster an environment where they can thrive."

> C-Speed plans to seek Federal Aviation Administration certification and approval to implement their gap-filler, Light-Wave Radar System, in the national airspace of the United States.

> At Travis, innovation will continue as well, as the 60th OSS seeks to build upon the success it has seen with the gap-filler technology, said We-

"We will build upon our efforts with the Pilot Mitigation Program Initiative Data Collection Study," he said.

The goal is to leverage

existing infrastructure at Travis such as command and control systems, radar and wind turbine radar interference mitigation systems, to collect data necessary for the FAA. They will assess the feasibility and development requirements associated with the integration, operation and performance of an infill radar inserted into the FAA's existing command and control system. Weber added.

According to the PMP charter, the project will allow the demonstration and performance measurement of two infill radars, compare infill radar performance and permit ATCs to assess integrated radar coverage of both the wind turbine area and other coverage areas.

#### 75 years

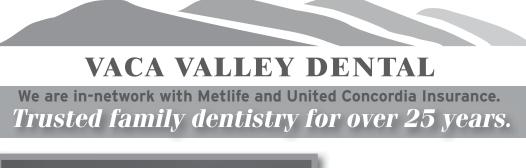
From Page 3

even more."

The weekend concluded with local activities and a formal banquet April 1.

As each squadron celebrated its history, members also looked to the future - to the next 75 years - as more experienced squadron leaders and alumni mentored younger, newer members.

"You are the standard," said Lankford in his closing remarks at the 21st AS dinner. "In this uncertain world, you are the beacon of trust that our nation will look to to always do what is right. You are it. Don't ever forget it."





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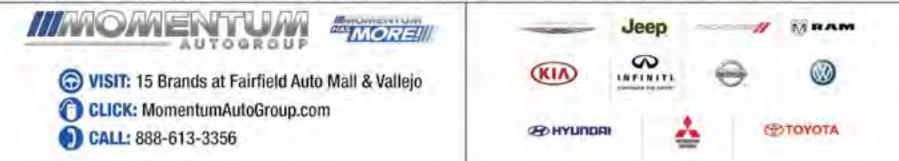
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|--|----------|---|----------------------|--|----------|
| 2008 Honda Civic EX  | \$7,450  | 2015 Chrysler 200 Limited<br>strumesou www.csccolastwrzenko.stammo.ar         | \$13,225             | 2012 Nissan 3702 Touring<br>STRANPEDE VINJERTALASHCOMBERT/STRATING AT        | \$16,650 |
| 2014 Mitsubishi Lancer ES<br>STORCTOROTTAL WINAASUSPUTSUOTS457 STARTING AT   | \$7,485  | 2007 Mercedes-Benz GL450 4MATIC®<br>STRAN170012A STARTING AT                  | \$13,450             | 2015 Kia Soul Exclaim  | \$16,995 |
| 2007 Hyundai Elantra GLS   | \$7,995  | 2013 Ford Escape SE<br>STARPOTED VARTEMOLOGIED RESIDE STARTING #              | \$13,925             | 2011 Toyota Avalon Limited   | \$17,250 |
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| 2010 Kia Forte EX<br>Struktionsch, winkinafulazindosnyten semeting at        | \$8,765  | 2013 Nissan Juke S<br>http://www.wbaf5iwtio1212289.starttive.az               | \$14,250             | 2014 Kia Cadenza Premium   | \$17,485 |
| 2013 Fiat 500c Lounge<br>struktrozz5, www.cacerendotsz4650 stattwo.at        | \$8,985  | 2013 Toyota Camry LE<br>STRATIBO33, WHAT ARE TRADED STRATING AT               | \$14,450             | 2013 Hyundai Azera Base<br>struhutsotisa, www.wheol.csco.cecto starting at   | s17,750  |
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## **Color Run splashes Travis**

U.S. Air Force photos by Louis Briscese



1) Children enjoy a slide before participating in the "Let Your Colors Run" to kickoff Sexual Assault Awareness and Prevention Month April 1 at Travis Air Force Base, Calif. The Air Force Sexual Assault Prevention and Response mission is to educate, advocate and collaborate to respond to and to stop sexual assault and its harmful effects on the Air Force.



2) The daughter of Master Sgt. Christopher Gibbons, 60th Aircraft Maintenance Squadron, descends from her rock climb April 1 before participating in the "Let Your Colors Run" to kick off Sexual Assault Awareness and Prevention Month at Travis Air Force Base, Calif. 3) Service and family members from Travis participate in the "Let Your Colors Run." 4) Service and family members hold up their hands after the run.
5) Participants take photos after completing the "Let Your Colors Run." The Air Force Sexual Assault Prevention and Response mission is to educate, advocate, and collaborate to respond to and to stop sexual assault and its harmful effects on the Air Force.





#### Swap Ads

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#### Puzzles



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The solutions will be published here in the next issue.

#### **Retiree Corner**

#### Retired master sergeant awarded Silver Star

DYESS AIR FORCE BASE, Texas — Retired Master Sgt. Kristopher Parker, an explosive ordnance disposal technician, received the Silver Star ed primarily to members March 17 at Dvess Air of the armed forces for gal-Force Base, Texas for his lantry in action against an courageous actions while deployed to Afghanistan in

#### May 2014.

Parker distinguished himself by bravery and devotion to duty in connection with military operations against an armed enemy of the United States as an EOD team leader.

Previous solution - Easy

5 6 8 1 7 2

93846

2 7 4 3 5 9 8 6

3 5 7 4 1 8 6 9 2

To complete Sudoku, fill the board

that each row, column and 3x3 box contains every number uniquely

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by entering numbers 1 to 9 such

8 1 2 9 6 7 5 3

7 3 5 2 8 4 9 1 9 2 6 7 3 1 4 8 1 6 9 5

The Silver Star is awardenemy of the United States.

- Air Force News Service

#### **Events and info**

Give Parents a Break Program. Canceled due to federal civilian hiring freeze until further

2017 Valor Games Far West. Volunteers wanted for June 2-5 at Coast Guard Island, Alameda, Helps disabled veterans, Volunteer form available at http://bit.ly/2oKniM1.

#### 60th FSS

#### Upcoming events

Breakfast at the Breeze. Every Sunday, club members receive 10 percent off Breakfast at the Breeze. For more information, call 707-437-

PGA Pro Golf Lessons. Cypress Lakes Golf Course offers private group and individual lessons with a PGA pro. Rates and time slots are subject to availability. To reserve a private lesson, contact the

Armed Forces Triathlon. Attention active duty, Guard and Reserves: Air Force sports is scouting for athletes to compete in the Armed Forces Triathlon. Applications now accepted for the Air Force Triathlon Team to compete June 7-11 at Naval Base Ventura County. Calif. For more information, visit MyAirForceLife.com/Sports.

#TravisAirShow on May 6 and 7 in style? Premium box seating and VIP flight line seating are available online. Premium box seats are \$25 per person and VIP flight line seating is \$125 per person. VIPs receive catered lunch, upgraded tables and chairs, and access to a shaded chalet with front row views of the air show. Limited seating is available. To purchase tickets now, visit TravisFSS.com/ TravisAirShow.

#### \*\*\*

For more information, visit http://www.travisfss. com

#### **Chapel programs**

**Passover-Holy Week Services** Catholic

#### Twin Peaks Chapel

 Palm Sunday. Worship services 9 a.m. and noon, April 9. Holy Thursday. Worship service 7 p.m.

April 13. Good Friday. Worship service 9 a.m. April 14.

- Vigil Mass, Worship service 8 p.m. April 15
- Easter Sunday. Worship services 9 a.m. and noon April 16.

Twin Peaks Chanel Passover seder, 7 p.m. April 10. Protestant

#### First Street Chapel

- Palm Sunday, Worship services, contemporary and gospel, 9:30 and 11:30 a.m. April 9.
- Easter Sunday, Worship services, contempo-
- rary and gospel, 9:30 and 11:30 a.m. April 16. DGMC Chapel
- Palm Sunday. Traditional worship service

#### In the next week ...

■ for a free open house. Learn call 707-437-3711. about financial aid and education opportunities that could change your future. Free refreshments and prizes. For more information, call 707-424-5954.

First Friday. On April 7, the Delta Breeze Club is offering free appetizers, fun and spirit tasting to club members for First older. \$6 per child. For more information, Friday. \$5 for nonmembers at the door. Free for members Afterwards head to

#### 10 a m April 9

 Easter Sunday. Traditional worship service 10 a.m. April 16.

DGMC Auditorium Good Friday. Worship service noon April 14. Recurring events

#### Catholic

**Twin Peaks Chapel** 

 Roman Catholic Mass: 9 a.m. and noon Sunday.

 Children's Church: 10:15 a.m. Sunday. • Sacrament of Reconciliation/Confession:

4:30 to 5:30 p.m. Wednesday or upon appointment. • Infant Baptism Prep Class: Two classes.

Registration Required. 6 to 7 p.m., offered quarterly. • Youth Choir: 1 p.m. Sunday.

- Children's Choir: 2 p.m. Sunday.
- Adult Choir: 4 p.m. Sunday.
- Women's Bible Study: 10 a.m. (at First Street

Chapel) • Catholic Women of the Chapel: 6 p.m. first

Monday of every month Annex • Rite of Christian Initiation of Adults: 6 to 7:30

p.m. Wednesday, Annex. • RE Classes: 10:15 to 11:30 a.m. Sunday, RE

Wing. First Street Chapel

• Mom's Group: 10 to 11:30 a.m. Monday. DGMC Medical Center Chapel

 Roman Catholic Mass: Noon to 12:35 p.m. Monday through Thursday, except for federal holidavs

#### Mormon

 Sacrament Services: 9 and 11 a.m. Sunday at Church of Jesus Christ of Latter-Day Saints Fairfield Stake Center, 2700 Camrose Ave., Fairfield. DGMC Medical Center Chapel

• Latter-Day Saints Service: 4 p.m. to 4:30 p.m. Sunday at DGMC Medical Center Chapel. • For all other enquires, call LDS Military

relations representatives at 707-535-6979 Protestant

#### First Street Chapel

• Protestant Community Service: 9 to 10:15 a m. Sundav • Gospel Worship Service: 11 a.m. to 12:15

n m. Sundav Children's Ministry is provided for

- 6-month-olds through fifth grade.
- Protestant Men of the Chapel: 8 to 9 a.m.,

#### **Education Open House.** On Wingman's to test out the new photo booth April 7, join the Education Center and karaoke at 8 p.m. For more information,

Recreation is now accepting Π **U**D 1 takes place April 8 at the Vacaville Aquatic Center. For children ages 6 months and call 707-424-0969.

#### first Saturday of every month.

Twin Peaks Chapel • Protestant Women of the Chapel: 9:30 to 11 a.m. Tuesdav

#### **DGMC Medical Center Chapel**

 Protestant Traditional Service: 10 a m to 11 a.m. Sundav

#### Airmen's Ministry Center

• The Peak is open from 6 to 9 p.m. Monday through Friday at Bldg 1348. Home-cooked meal at 6 p.m. Tuesday's followed at 7 p.m. by Bible study. \*\*\*

For more information, call Twin Peaks Chapel at 707-424-3217.

#### Recurring

#### Air Force Office of Special Investigations

To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303, 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115

#### Air Force Sergeants Association "Walter E. Scott" Chapter 1320. General membership meetings are from 3 p.m. on the second Friday of every month at Wingman's in the Delta Breeze Club. For more information, contact Senior Master Sgt. Angell Nichols or Tech. Sgt. Rebecca Linden de Romero.

Airmen's Attic. The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday. 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB."

#### Alzheimer's Caregiver Support Group. Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information call 707-423-7227

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683 Bunco. 6 p.m. every third Wednesday of the



email lgbtalliance707@gmail.com or call

707-424-2486

"NEWS NOTES" BRIEFS MUST BE SUBMITTED TO TAILWIND@US.AF.MIL SEVEN DAYS BEFORE THE EVENT DATE. CALL THE 60TH AIR MOBILITY WING PUBLIC AFFAIRS OFFICE INTERNAL INFO SECTION AT 424-2011 FOR MORE INFORMATION.

Aquatic Egg Hunt. Outdoor sign-ups for the Egg-stravagant Aquatic Egg Hunt. The event

#### 3711 pro shop at 707-424-5797. Like Sudoku, no single number can

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month at the USO Daedelion Room. For more information, visit www.esctravis.com. Crisis text line. Free, confidential, 24/7 counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly. **Employee-Vehicle Certification and** 

Reporting System, Civilian and military personnel must maintain emissions information with the Web-based ECARS system. For more information, call Xuyen Lieu at 707-424-5103.

#### Exceptional Family Member Program

**Sensory Play Group.** This group meets from 2 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center. For more closed Sunday.

#### information, call 707-424-4342 or visit the Facebook page "EFMP Travis AFB."

Fairfield/Vacaville Train Station Project. Located at Peabody Road and Vanden Road in Fairfield with a six-lane overpass. Construction is scheduled for completion in March 2017. For more information, visit http://

#### Family Advocacy Parent/Child

bit.ly/1yNIBwV.

playgroups. Toddlers to the Max Playgroup for children ages 1 to 3 meets from 9:30 to 11 a m Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries Playgroup for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex For more information, call 707-423-5168.

#### Government no-fee passports. All

submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back; 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website https://pptform. state gov and/or https://travel state gov. For more information, call 707-424-5324. Hometown News Releases. To submit a Hometown News Release, visit the new paperless website at https://ihns.release.dma. mil/public and fill out the information. LGBT Alliance. General membership meetings take place at 6 p.m. the first Wednesday of every month at the Airman and Family Readiness Center. For more information,

Mare Island Museum Now a Blue Star Museum, which means active-duty military,

reservists and their dependents are eligible for free admission from Memorial Day to Labor Day. 1100 Railroad Ave. on Mare Island in Vallejo. 10 a.m. to 2 p.m. Monday through Friday, 10 a.m. to 4 p.m. first and third weekends of the month. For more information. call 707-557-4646

M-50 Gas Mask Fit Testing, Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791. All deployers are fit as necessary. For more information, call 707-424-2689.

Mitchell Memorial Library. Open 9 a.m. to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and

Montezuma Shrine Club. Meets every third Thursday of the month at the Masonic Center, 412 Travis Blvd., Fairfield. For more information, call Mike Michaelis at 707-427-2573 or Cal Gitsham at 707-425-0060.

Motorcycle licensing and training. California Rider Education offers the Motorcyclists Training Course, the Basic Riders

Course 2 and the Military Sportsbike Riders Course on base. MTC classes take place most weekends. Motorcycles and helmets provided Successful completion gives students a DL389 that waives the skills test at DMV. Course cost covered for active duty, reserves, some DOD and some NAF folks. Dependents welcome, but must cover own costs. All registrations done via phone at 1-800-966-3844

On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide more than 10 hours of care per week in their homes. For more information, call 707-424-8104 or 707-424-4596 or stop by Bldg. 380B.

Photocopying of military identification. The prohibition in photocopying of U.S. government identification Common Access Card announced by the Office of the Assistant Secretary of Defense, dated Oct. 27, 2011, does not apply to medical establishments, applying for government-issued, no-fee passport and other U.S. government agencies in the performance of official government business. This requirement does not apply to minors ages 16 years or younger. However, it applies to sponsors. For more information, call 707-424-5324.

Professional Loadmaster Association. The Professional Loadmaster Association meets at 7 p.m. the first Tuesday of each month at the Delta Breeze Club. For more information, call Mark Raymond at 707-416-5331.

Retiree Activities Office. Openings for

Here are the showtimes for this weekend's movies at the Base Theater: Today • 6:30 p.m. "Smurfs: The Lost Village" (PG) Saturday • 3 p.m. "Smurfs: The Lost Village" (PG) • 6:30 p.m. "Smurfs: The Lost Village" (PG) Sunday 2 p.m. "Smurfs: The Lost Village" (PG)

volunteers. Customers are retired American service members and their dependents. It is the RAO's responsibility to maintain open communication and to ensure retirees receive the service and the respect that they deserve. If you would like to apply for a volunteer slot and have three hours or more to give, call 707-424-3905.

SGLI and vRED. The Record of Emergency Data aka vRED and Servicemembers Group Life Insurance form are two of the most-critical documents a service member is responsible for maintaining throughout a military career. Commanders, Casualty Assistance personnel and Mortuary Affairs personnel rely heavily on these two documents as a vital source of information when a crisis occurs resulting in serious injury or death of the service member.

60th Air Mobility Wing Information **Protection Office.** The office has the following walk-in customer service window hours: 8 to 11 a.m. and 1 to 4 p.m. Monday through Thursday as well as window hours from 8 to 11 a m Friday. For emergencies, call 707-424-3114.

Solano/Napa Habitat for Humanity. This organization welcomes volunteers and supporters from all backgrounds. There are recurring events Tuesday through Saturday. For more information, email Staff Sgt. Mathew Clayton at mathew.clayton@us.af.mil.

Toastmasters. The Travis Toastmasters meets at noon on the first and third Tuesday of the month in the USO Lounge. Toastmasters is an organization that helps people practice communication, as well as build on skills they already have. All are welcome to attend. For more information, call Nicole Culberhouse at 478-273-1760.

Travis Community Thrift Shop. 10 a.m. to 2 p.m. Tuesday and Thursday. Ongoing need for volunteers to organize, sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Travis Composite Squadron 22 Civil Air Patrol. Open to youth from 12 to 18, as well as adults ages 18 or older who train and serve as the volunteer component of the total force. UTA is 6:30 to 9 p.m. Monday. Bldg. 241-B-2. Open to all students with a 2.0 or higher grade-point average. For more information contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@squadron22-cap.us\_visit.during.a UTA or check out http://squadron22-cap.us.

Travis Heritage Center. The facility is looking to add to its historical collection. It is missing the past 15 years of conflict in which Travis was involved. Do you have something special to donate for generations to appreciate The center also seeks volunteers. The gift shop is open 11 a.m. to 4 p.m. Tuesday through Saturday. For more information, call Rick Shea at 707-424-5598 or email richard.shea@us.af.

Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday, Wednesday and Friday, 9 a.m. to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-3251 to make an appointment.



#### **Airmen complete FTAC**

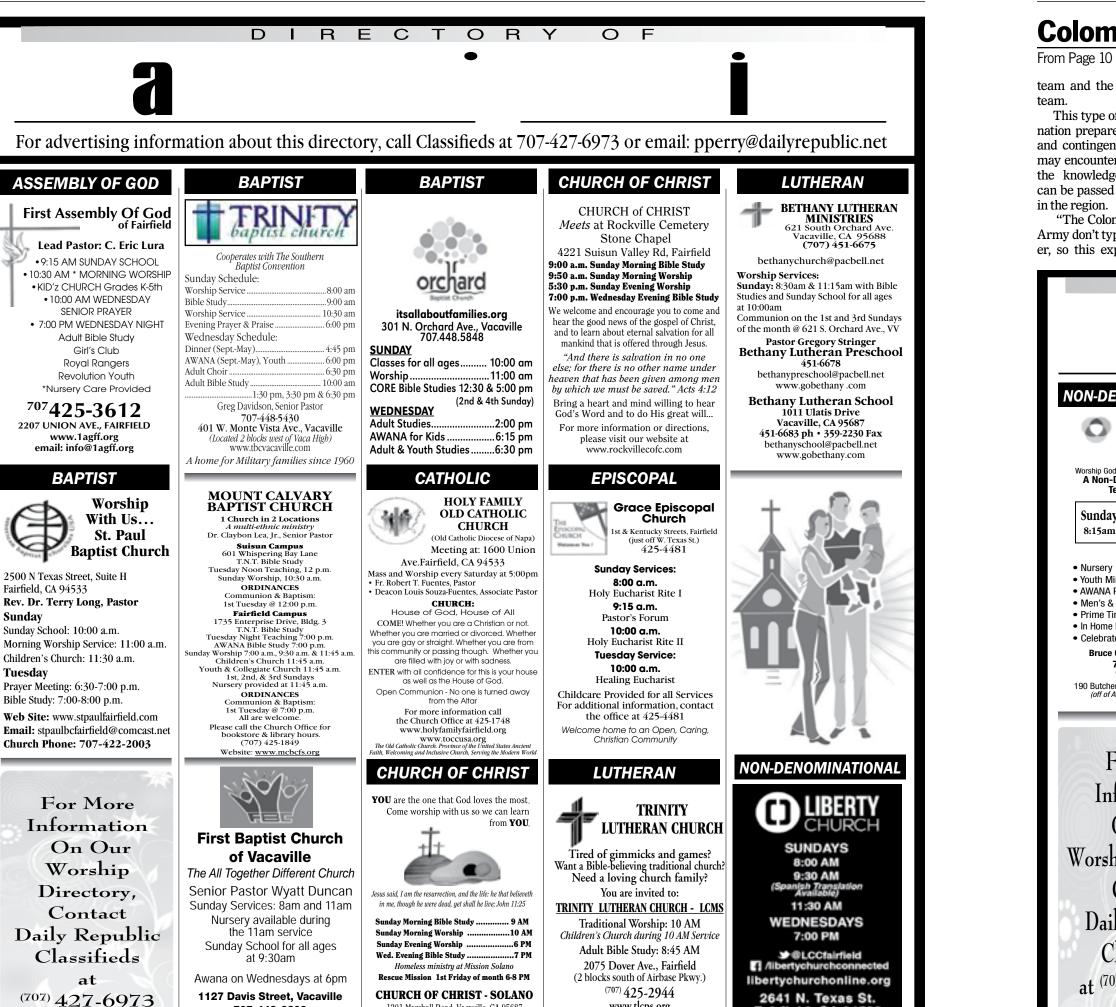


U.S. Air Force photo/Staff Set. Scott Taylor

Congratulations to the latest Airmen to complete the First-Term Airman Center course. Alphabetically: Airman 1st Class Josiah Ahuna, 60th Maintenance Squadron; Airman 1st Class Vladimir Andre, 60th Aerial Port Squadron; Airman 1st Class Cristine Barcellos-Toffano, 60th Comptroller Squadron; Airman 1st Class John Dyson, 60th APS; Airman 1st Class Emilio Espinal, 60th Civil Engineer Squadron; Airman 1st Class Viviana Flores, 60th CPTS; Airman 1st Class Joshua Fontanez, 60th MXS; Airman 1st Class Troy Garcia, 60th APS; Airman 1st Class Corey Green, 860th Aircraft Maintenance Squadron; Airman 1st Class Jamal Greene, 60th MXS; Airman 1st Class Keith Guinn, 60th MXS; Airman Mariah Holzworth. 60th Security Forces Squadron: Airman 1st Class Caleb Hooper. 60th APS: Airman 1st Class Dakota Hopson, 60th Diagnostics and Therapeutics Squadron; Airman 1st Class Adam Ingram, 60th SFS; Airman 1st Class Isaiah Johnson, 60th SFS; Airman Basic Conner Krug, 60th APS; Airman Basic Juston Luzier, 60th APS; Airman 1st Class Adacy Mancilla, 60th APS; Airman 1st Class Mackyla Parsons, 60th MXS; Airman Basic Jimmy Puentes, 60th APS; Airman 1st Class Eric Ramirez, 60th Communications Squadron; Airman Ryan Reny, 60th APS; Airman Ryan Robinson, 660th AMXS; Airman 1st Class Christopher Rouse, 860th AMXS: Airman 1st Class Essofa Tchedresan, 60th CPTS: Airman 1st Class Dominick Treanor, 60th CES; Airman 1st Class Austin Waldorf, 60th MXS; Airman Zhe Wang, 60th CPTS; Airman 1st Class Montarius Williams, 60th CES; and Airman 1st Class Justin Wood, 60th CS.



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April 7, 2017

#### Colombia

team and the USAF air adviser

This type of exercise helps the nation prepare for disaster relief and contingency operations they may encounter in the future, and the knowledge and experience can be passed on to other nations

"The Colombian air force and Army don't typically train together, so this exposure opened the

dialogue towards creating joint doctrine to be used for future engagements," explained Master Sgt. James Bowling, 571st MSAS senior air adviser.

Along with ERO operations, the Colombian air force also received a course on air operations. During this course, Colombian tactical aircrew had an opportunity to observe static line personnel drops, high altitude low opening drops, and the rigging/loading portion of the container delivery system operations aboard a USAF C-130.

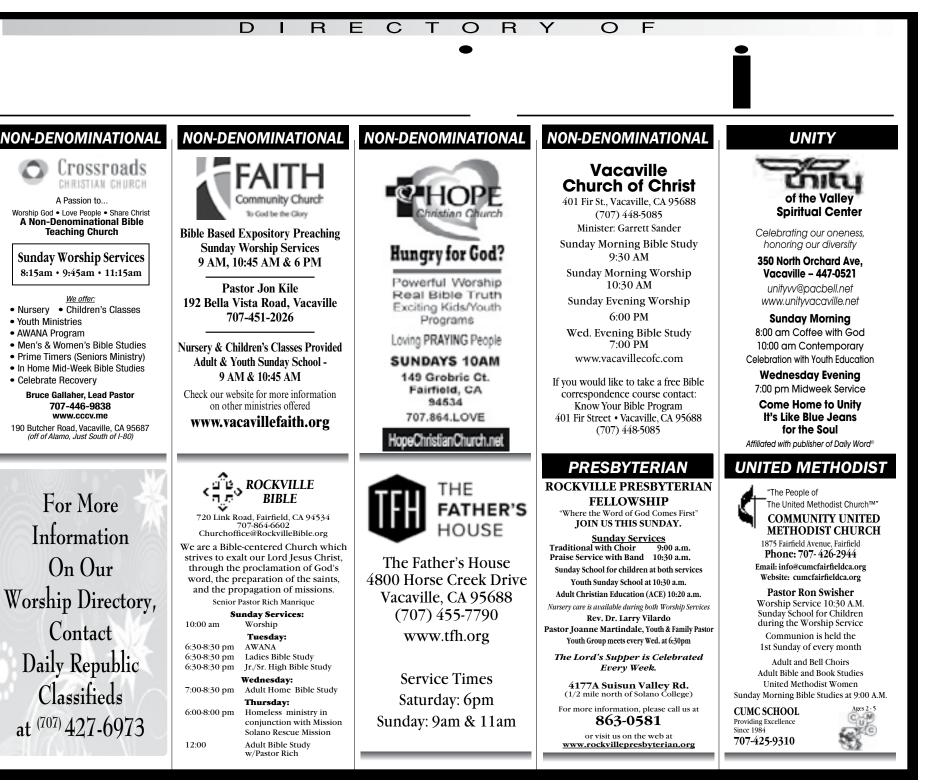
"(The students) only need this training because they don't do airdrop very often," said Maj. Jonathan Holland, 187th Airlift Squadron, Wyoming Air National Guard. "They are very skilled aviators who are not too familiar with the procedures specific to a C-130. The opportunity for Colombian air force aircrew members to get the hands-on experience and see these specific mission sets with increased frequency helps with the future of their military and what they can do for the stability in the region."

#### Misawa

From Page 11

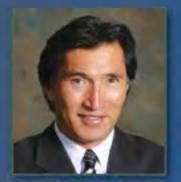
everyone drops what they are doing and pitches in to make sure the highest quality of care is provided. When the case is too severe for the 35th MDG, Japanese counterparts in the surrounding area leap into action, assisting in patient care.

"It was remarkable to see that much medical capability converge on our base for this service member," Halgren said. "Three doctors from Hachinohe City Hospital accompanied the transfer and were able to witness this incredible capability. It was a great opportunity to forge ties and form relationships with the hospital and medical staff that care for many of our critical Misawa beneficiaries."





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#### Awareness

#### From Page 5

Whose opinions mean something, That count. That are respected?

I am: not a slave anymore. I am not naïve. I am not meek. I am not embarrassed that I was left behind. I am not ashamed that I was raped for amusement.

I am woman, created to be proud! I deserve to hold my head up And look people in the eye. But I whisper, as not to draw Attention to my deeds. I can love myself and exude an aura. An aura of compassion.

I can be who I really am on the inside. I am woman! Hear me roar! I'd like to be the whisperer of God's words. If God can forgive me, that's what I will do as well. I deserve to hold my head up. I can now look people in the eye. I can love myself.

#### Cook

#### From Page 2

integrated rest from training and other aspects of your life. All of these combine to maximize adaptation and facilitate performance.

Life and marathons are not about the quick fix, they are about the journey. One of my

favorite quotes by John Hanc is, "I've learned that finishing a marathon isn't just an athletic achievement. It's a state of mind: a state of mind that says anything is possible."

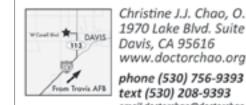
I may be crazy and even be intellectually challenged, but one thing I learned is, in life and marathons, nothing comes easy. If you want a challenge, remove the bounds and run.

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From Page 4

An urban garden walking tour is scheduled for April 19 with Mark Dupree, master gardener and community manager with Balfour Beatty Communities. Participants should meet at the youth center at 10 a.m. Free snacks will be provided as well as seed packets so participants can plant their own gardens.

"Due to a short growing period - two weeks before the tour our expectation is not so much to see gardens with bountiful vegetables but to motivate children and adults to get involved," said Penn Craig, 60th CES natural and cultural resource manager and base biologist.

He said the tour also will set the standard for Earth Day 2018.

"To aid in this process, we page. plan to award a trophy for the

best urban garden following the tour on April 19," said Craig.

On April 20, the commissary will use grocery bags depicting recycling and natural scenery themes for customers' groceries. Children at the base's elementary schools and child development centers designed the

April 20 is also the date for the walking tour of the Castel Terrance nature preserve. Participants should meet at the Valley View playground across from the water tower in base housing at 10 a.m.

"Wear comfortable walking shoes and bring a camera, water and snacks for the youngsters," said Carlson. The tour covers about three-quarters of a mile on a trail that is suitable for strollers, he said.

On April 21, winners of the photo contest will be announced on the environmental Facebook

In addition to educating base

personnel about Earth Day, the 60th CES environmental flight routinely provides newcomers and new facility managers briefings about illegal trash dumping, recycling, storm water, natural resources and hazardous materials that could affect the creeks and wetlands on base, said Luann Tetirick, 60th CES water quality program manager.

"We also provide brochures to help contractors avoid common environmental mistakes," said Tetirick.

Activities that disturb the ground can harm the federally listed species on base, she said.

California has some of the most stringent environmental laws in the nation, said Carlson. "The base follows those laws because it's the right thing to do and because we want to preserve nature for the next generation," he

LEARN HOW to

#### **Patriot Delta**

From Page 6 of 10 active-duty Airmen from

the 60th IPTS that performed enroute patient care in the exercise as well.

Enroute patient care consists of receiving a patient from a flight, taking them to a hospital via AMBUS, coordinating a departure flight to the final destination, ensuring accuracy of the patient's paperwork and keeping the patient as healthy as possible until they deliver the patient on the departing flight.

The Airmen also staged all of the "patients" in Patriot Delta with a variety of injuries for the medical personnel to properly care for.

"We wanted to utilize all of our resources for this exercise," Rose said. "Not all bases have ERPSF (enroute patient at deployed locations. Since we have them here at Travis, and have a great relationship with them; we reached out to them."

ercise was mutually beneficial for the Reservists and the flightline to a KC-135 Strato-Active Duty, said Maj. David tanker where they received Whitehorn, 60th IPTS com- more patients and delivered mander.

"We have a lot of new folks in our squadron," Whitehorn said. "Patriot Delta provided an excellent training opportunity for them.'

April 7, 2017

The 60th IPTS is often very busy with real-world enroute patient care, so new Airmen often don't have time to receive real training in a safe space where they can make mistakes, learn and ask questions, he added.

"Their ERPSF is always on call, so they don't always have training time." Rose said.

The partnership between the Reservists and the Active Duty was important to this exercise "This is real world," White-

horn said. "When deployed, we do this together. There is no difference between Active Duty and Reserves."

Increased collaboration was a key component to this exerstaging facilities), and they are cise, Rose said. These are the people who will work together at deployed locations.

Once the patients were delivered onto the C-130, the Air-The partnership for this ex- men jumped back onto the AMBUS, skirting around the April 7, 2017

#### Sergeants

From Page 9

lead production superintendent at the 660th.

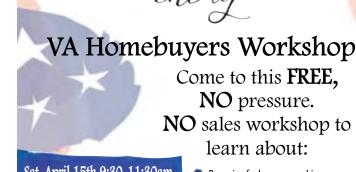
never changed bases. "I tried to get out of here and

trying," said Smith with a laugh. career with the 660th. He made Smith, spent significant time traversing the globe in support of Travis missions.

year," said Zambori.

be gone the most days in a year.

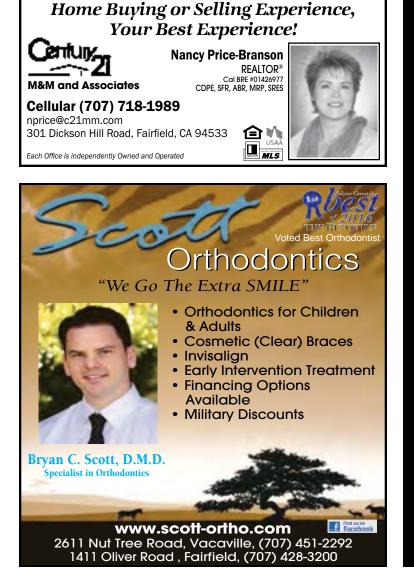




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Richmond, California, nearly 40 miles from Travis. After time in aero repair and a few years in the 621st Contingency Response Wing, Smith's career ended back where it started, spending his final three years as an E-8 and

Despite the moves, Smith

they wouldn't let me, so I quit Zambori, a native of San Diego, California, spent his entire airman below the zone and, like

"I was gone 200 days, plus, a

He said several Airmen made it a competition as to who could

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"And I won a couple of 'em," he said, smiling.

Smith echoed those sentiments.

"Back when I was younger, spent more time with my coworkers than I did my family," he said.

After a year as a section chief, Zambori went into production. He was an expeditor for six years. He ended as production superintendent for the 660th AMXS, running maintenance and flying operations on the flightline.

Smith said after years away from the 660th AMXS, he noticed a change in Zambori's knowledge base when he returned.

"Since I left and came back, he is definitely the KC-10 master," said Smith. "I would challenge anybody who thinks they know more than he does about the KC-10. ... He's like an elephant. He can remember dates, time frames. He can remember a tail number from 10 years ago. I can't do that."

In the hours before Zambori's March 31 retirement ceremony, both looked back on their careers both together and individually

"We've been together a long time," said Zambori. "We deployed together. We were A-1-Cs, senior airmen, back in the day.'

The two deployed together for the first time in 1998, Smith said, when they did a No. 2 engine change on a KC-10 at Al Dhafra Air Base in the United Arab Emirates.

Smith said that the demanding life of a maintainer is just the reality of the job.

"The guys who make it the 20 years, the 20-plus who retire, stay in maintenance their entire careers, they don't know how not to work hard," he said. "They don't know that it's hard work. It's just what we do. ...

That is the job and they accept that as the job. You know, 12-, 14-, 16-hour days as you're traveling the world and the airplane lands, you have to put it to bed. You're the one to do it."

son, volunteering to work the first shift when the squadron would deploy to new locations after flying for hours.

"Somebody's got to work as soon as you land and I always volunteered to work," said Zambori. "I didn't care. I loved it. ... You kind of get used to it after a while."

Lt. Col. Jens Lyndrup, 660th AMXS commander, said Smith and Zambori were special to the Air Force.

"They are professional maintainers who get the job done with little fanfare and alwavs correctly," said Lyndrup. "Few Airmen stay with the same unit their entire career, said

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and even fewer gain the level of expertise these two achieved. We're lucky to have served with them and we wish them luck in their new adventures.

"Senior Master Sgt. Smith Zambori was often that per- and Master Sgt. Zambori's stories are the story of the KC-10 at Travis AFB and the story of the 660th Aircraft Maintenance Squadron. Their experience, their stories, their deployments and their love of the KC-10 reflect the thousands of American Airmen who've graced Travis to keep the Extender refueling around the world."

Smith said that while his Air Force story is ending, the new reality hasn't set in just yet. He's looking forward to days that aren't quite as hectic in the short term.

"I'm going to retire and spend my days staring at the dog, for a while, anyway," he



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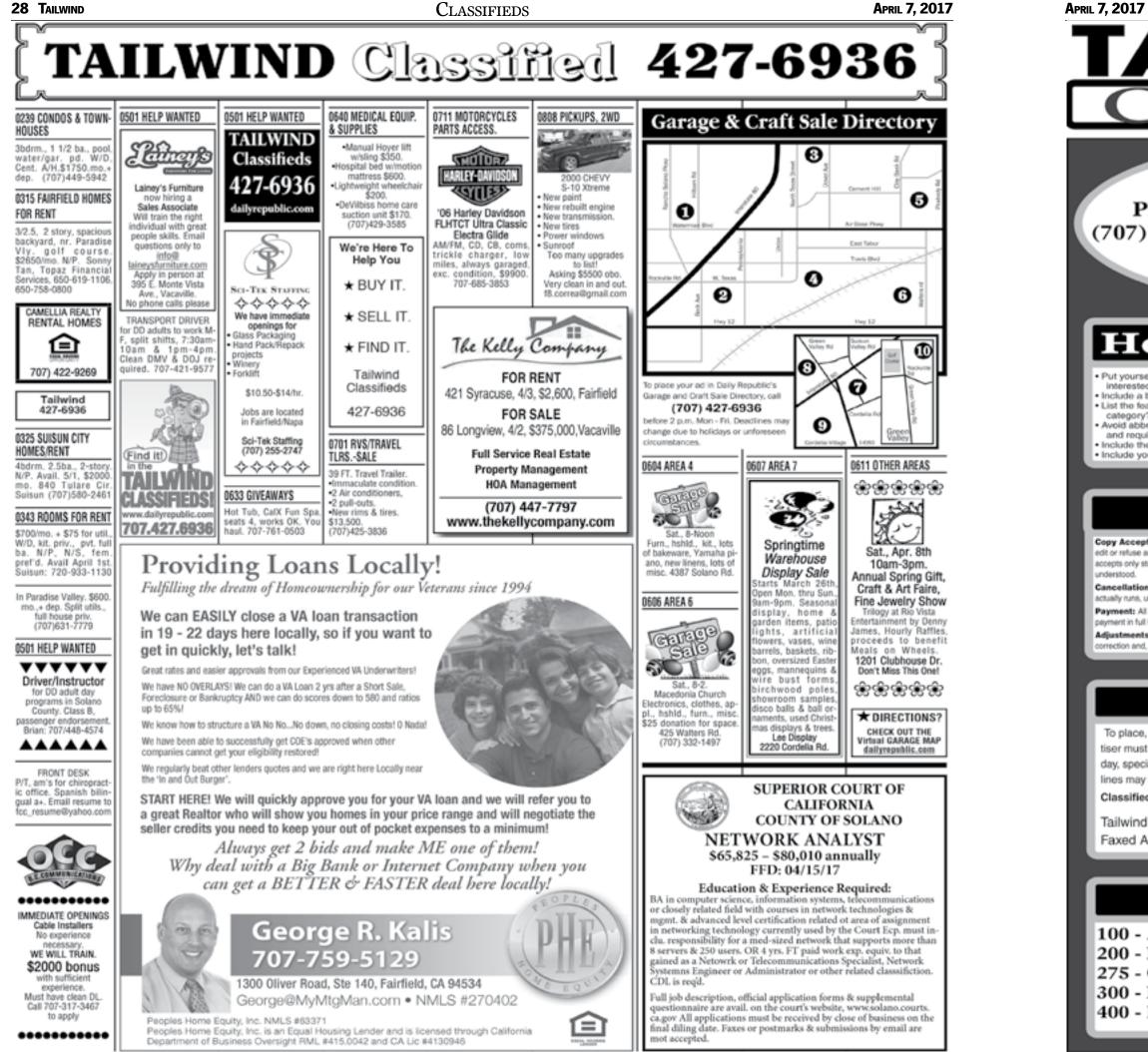
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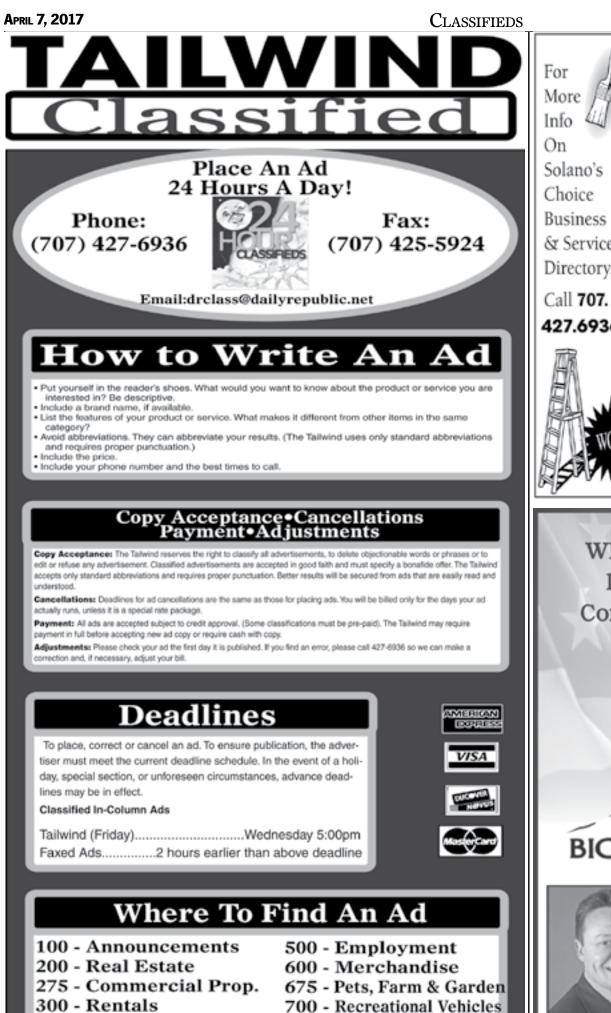
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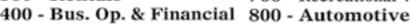


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